



**FRIDAY, JULY 30<sup>TH</sup>, 2010  
INDIVIDUAL REGISTRATION FORM 2010**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ (DD/MM/YY) Age on Race Day: \_\_\_\_\_ Sex: M\_\_\_ F\_\_\_

**Race Fees – Please Check One**

10K RUN / WALK		5K RUN / WALK	
By May 31	\$45 ___	By May 31	\$30 ___
By July 16	\$50 ___	By July 16	\$35 ___
July 17 – Race Day	\$60 ___	July 17 – Race Day	\$40 ___

Race Fees include a short sleeve technical Brooks shirt sized for women and men. Please indicate your size.

Women's S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_ Men's: S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_

Heard About Race From: \_\_\_\_\_

Medical Info: \_\_\_\_\_

***Please make cheques payable to Amici and mail to 150 Eglinton Ave W, Suite 204, Toronto M4P 1E8***

**AGREEMENT, RELEASE, WAIVER AND INDEMNITY  
PLEASE READ BEFORE SIGNING**

In consideration of my application and the permission to participate as an entrant, to compete in the Investors Group Highland Yard Road Race to be held July 30<sup>th</sup>, 2010 I for myself, my heirs, executors, administrators, successors and assigns HEREBY RELAEASE, WAIVE AND FOREVER DISCHARGE The township of Anson, Haliburton, Minden and Lutterworth, Kilcoo Camp, Amici Camping Charity, Raceworks, The Running Room, the OPP and all other Associations, sanctioning bodies, sponsoring companies and elected and appointed officials, successors and assigns, OF AND FROM ALL CLAIMS, demands damages, costs, expenses, actions and causes of action whether in law or equity in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED arising or the event AND NOTWITHSTANDING that same may have contributed to or occasioned by the negligence of the aforesaid. I FURTHER HEREBY UNDERTAKE, HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE and INDEMNIFY, I WARRANT that I am physically fit to participate in this event. I grant Amici Camping Charity permission to use photos of me for promotional materials.

Signature: \_\_\_\_\_

(parent/guardian if under 18)

Printed name: \_\_\_\_\_ Dated: \_\_\_\_\_